

# Keys to Healthy Friendships

Fold on dotted lines.  
Glue this section to page.  
Glue the folded flaps to the  
holder to create a pocket.

**Healthy  
Friendships**

Fold on dotted lines.  
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**Unhealthy  
Friendships**

Laughs  
and jokes with  
you.

Work as part of  
your team

Make you feel  
like they are  
against you

Keep your  
secrets

Share your  
secrets

Ask you  
to keep  
confusing  
secrets

Make you feel  
confused or  
scared

Get you in  
trouble

Stand up for  
you

Make you worry  
often

Accept your differences

Often make you worry or upset you on purpose

Make fun of differences

Make you question if they can be trusted

Trust each other

Laughs and jokes about you

Make your life easier

Hard to talk to, they often don't listen or talk over you

Easy to talk to

Fun to be around