

Discussion



Overview

In this lesson, students will learn the importance of Staying Close to their Grown-up when in public, including in public restrooms. This lesson is taught through role-play.

- *Who are the **Grown-ups** that help take care of you and keep you safe?* (Allow for answers, including mom, dad, stepparents, foster parents, babysitter, older sibling, grandparents, your friends' parents, teachers, coaches, etc.)
- *Is it important to stay close to your **Grown-up**?* (Yes)
- *Where are some of the places you need to stay close to your Grown-up?* Prompt with questions such as: *Who keeps you safe at school?* (Teachers) *Who is the Grown-up in charge on the school bus?* (Bus driver, bus monitor) *Who is the Grown-up in charge while shopping?* (Let students name a few different people.) Point out that you must **stay close to your Grown-up** any time you are out and about: playing outside, at the store, waiting for the bus, at school, at the park, swimming, while traveling.
- *Who keeps you safe when you are playing online?* (Mom, dad, teacher) It is *important for your grown-ups to know what you are looking at and playing online.*
- *What would you do if you couldn't find your Grown-up while you were out?* (Allow for a few answers.) *Let me teach you two important rules in case you ever lose your Grown-up:*
 1. *If you are out and about and you lose your **Grown-up**, the first **Safe and Smart Choice** is to find a mom with kids. Moms with kids will know how to help you. Use your **Safety Voice** to ask the mom to help you find your **Grown-up**. Let's role-play to practice asking a mom with kids for help.*
- **KidSafe Instructor plays mom with kids.**
- **Ask 2-3 children to pretend that they cannot find their Grown-up in a store.**

Encourage children to use their **Safety Voice** and say, "Can you help us? We cannot find our Grown-up." Ask the child for their grown-up's phone number and role-play calling them. The issue can be resolved quickly if the child knows their Grown-up's phone number. This is a good opportunity to remind the children to learn their Grown-ups' phone numbers.

The second important rule in case you can't find your Grown-up is "to stay where you are." You should never, ever leave the place where you lost your **Grown-up**. If you lost them in the store, your **Grown-up** will look for you in that store; if you lost them at the movies, your **Grown-up** will look for you at the movies (offer a few more examples). It will be easier for your **Grown-up** to find you if you stay right where you are.

FOR FURTHER LEARNING



Supplemental Learning Idea for Classroom Teacher: Create opportunities for children to learn their personal information. This should include their first and last names, the first and last names of their parents/caregivers and their corresponding cellphone numbers. These skills can be taught through activities in classroom centers, songs, or while taking attendance.



Show the Stay Close to Your Grown-up Picture #1: Restroom Safety.

- Where have you seen these types of bathrooms? Explain that this is a public restroom, and we find them in public places (school, store, library, movie theater, restaurant).
- Who should always be with you when you use a public restroom? (Your **Grown-up**)
- If your **Grown-up** is a girl, like your mom, grandma, aunt, or step-mom, which restroom do you think you should go into with her? (Girls and Boys use the Girls'/Women's Bathroom)
- If your **Grown-up** is a boy, like your dad, grandpa, uncle, or step-dad, which restroom do you think you should go into with him? (Girls and Boys use the Boys'/Men's Bathroom)
- It is the **Safe and Smart Choice** to **Stay Close to your Grown-up** when using public restrooms.

Your **Grown-up** is the adult you stay close to when you are out and about: mom, dad, aunts, uncles, grandparents, babysitters, cousins, teachers, etc. A brother or sister who is old enough to drive a car can be a **Grown-up**.



TIPS

- Regardless of their gender, reiterate that if their **Grown-up** is a man, they need to go with them to the boys'/men's bathroom, and if their **Grown-up** is a woman, they need to go with them to the girls'/women's bathroom.
- If they don't have to go to the bathroom but their **Grown-up** does, they still have to go into the bathroom with their **Grown-up**.

Now we are going to practice **Staying Close to our Grown-up** as we role-play different stories. When we role-play, it helps us make **Safe and Smart Choices**.

Role-Play: Stay Close to Your Grown-Up

Set up the guidelines for the role-play.

- Remind the students about the importance of their cooperation and participation as members of the audience. They need to listen so that they can help their friends make **Safe and Smart Choices**. Include several students in each role-play so that everyone gets a chance to participate.
- **KidSafe Instructor plays the role of the Friend.**
- **Discuss the role-play first while the students are still seated:**

*You and your friends are at the park with your **Grown-up**. One friend needs to use the bathroom and starts to walk away to go to the bathroom alone.*

- *Is that a **Safe and Smart Choice**? (No) Did your friend forget the Safety Rule **Stay Close to Your Grown-up**? (Yes)*
- *Is it okay for you to remind your friend about the Safety Rule? (Yes) What should you say? (Stop! That's not safe!) What should you do? (Go get the **Grown-up** to go with you)*

Friend: Hey, I am going to the bathroom.

Students: **Stop! That's not safe!** (Students should use their "I mean business" assertive voice—their **Safety Voice**.)

Friend: I'll be right back.

Students: Remember, we need to **Stay Close to Our Grown-up!**

Friend: Oh yeah, I forgot! Let's go get our **Grown-up** and we'll all go together.

*What if one friend doesn't have to use the bathroom? (We all have to go together so we can **Stay Close to our Grown-up**.)*



TIPS

If a child mentions that their parents let them go to the bathroom at the store by themselves (or leaves them the car alone), you can remind them to use their Safety Voice and say, "I need to **Stay Close to My Grown-up**".

*If you are at a friend's house, and your friend wants to go swimming in the pool, or the lake, or a canal, or any other water, do you think you still have to **Stay Close to Our Grown-up**? (Yes)*

The KidSafe rule for water safety is:

Never, ever go in water without a **Grown-up**.

Let's say that together. (Repeat using scissor hand motions.)

FOR FURTHER LEARNING

Additional ROLE-PLAYS

Do additional role-plays using a variety of scenarios. Consider the demographics of the students and use scenarios that will apply to them.

- Uncle Don tells the children to wait in the car while he stops in at the convenience store.
- Mom sends the children to get milk while she waits in line at the cash register.
- Aunt Betty takes the children to the movies and sends them to the bathroom while she goes to buy popcorn and plans to meet them in the lobby.
- Dad tells the children to go and play in the game room while he makes a phone call outside.
- **You want to go swimming with your friends.**

What is the KidSafe rule for water safety?

(Never, ever go in water without a **Grown-up**.) **Staying Close to Our Grown-up** when we go in water is the Safe and Smart Choice.

Closing Statement

*Today we learned who our **Grown-ups** are (name a few: moms, dads, grandparents, etc.) and where and when we should stay close to them. If your **Grown-up** does not know the "**Stay Close to Your Grown-up**" rule, you need to use your **Safety Voice** to let them know. You did a great job making **Safe and Smart Choices** today.*