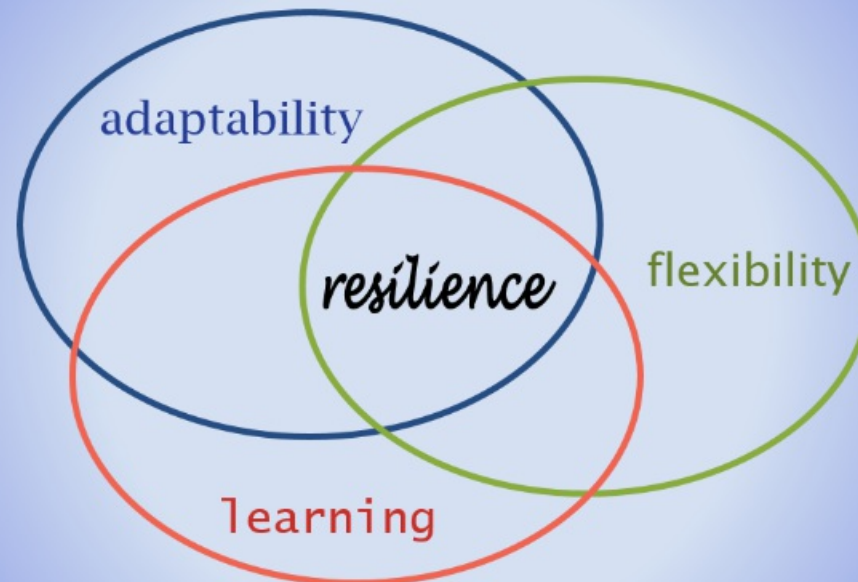


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News and Information



KidSafe — Resilience

December, 2020

From the CEO

Laura Askowitz

Dear Friends,

I hope I never tire of the word Resilience (all of us in nonprofit know this can happen with trending words). Throughout our December newsletter, you will see definitions of resilience. I urge you to think about what it means to *you*, and where it has improved your life, or (as was my case for many years), how the lack of it has affected / is affecting your life.

True resiliency makes you a better communicator by making you less defensive, since others' words don't "dagger" you. It also makes you a better role model for children, and a better child advocate because resiliency is probably the single most important thing we can teach any child in our care. Resiliency allows you to become grounded in the present, not grounded in the past trauma.

“ Resiliency is probably the single most important thing we can teach any child in our care. ”

This year has been quite a year for collective resilience, and I think we have all done a really good job in this uncharted territory. I wish you all a peaceful, safe, and healthy holiday. Take care of yourselves and the children in your life. And thank you for being a friend to KidSafe, which makes our resilience possible.



Program Update

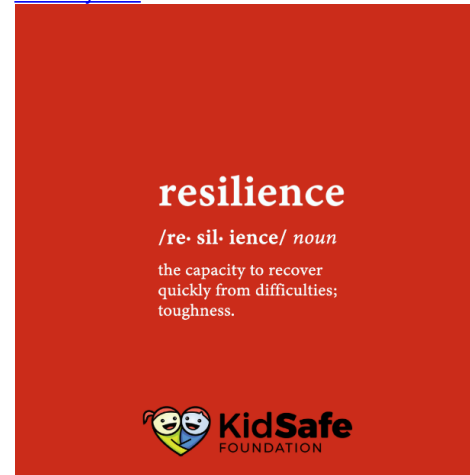
Cherie Benjoseph & Elysse Dion

An Endurance Bag

What if you knew there were easy steps you could take to keep your children safe? And how wonderful would it be that these steps not only kept them safe, but also ensured they would have healthy coping skills for life? Create your own "Endurance Bag" and help your children with this valuable set of skills!

Before COVID-19, we were already aware that children need something different when it comes to social emotional learning. Academics

alone are *not* providing them with the skills to cope well when they embark upon adulthood in work or college. Check out our blog on Resilience – Creating your own “Endurance Bag” and how to model this for your children. <https://kidsafefoundation.org/topics/whats-in-your-endurance-bag-coping-during-covid-19-and-beyond/>



More Helpful Material

Follow KidSafe social media for more about resilience, myths and facts about sexual abuse, why words matter, and information all parents need to know to best protect their children.



Cheri Elyse



Our KidSafe Community

Eliza Vasquez

I can't believe 2020 is almost over! It has been an interesting year. I could complain how difficult it was, how lack of events impacted our organization's revenue, how the schools' lockdown was hard to bear as we knew child abuse would be on the rise as a result ... but I won't! I choose to remember 2020 as a year of resilience, support, and coming together. Here is why:

I grew up in Poland, during communism, and I still remember days that you could only find white vinegar on the supermarket shelves or joyful days when our church received a shipment of cheese, probably from some humanitarian relief agency. COVID toilet paper shortages? That was our *every* day. Only ten rolls per family if you were lucky to be at the store when they had it.

“ I choose to remember 2020 as a year of resilience, support, and coming together. ”



But guess what else I remember? *People coming together*, making arrangements to have shifts in supermarket lines, so you or your aunt could buy sugar when there was a delivery. I also remember homemade pies that my grandma made every Saturday, and playing outside with my cousins and friends. My childhood was restricted in many ways, but it also taught me resilience and that there is always a solution. You just need to come together and work as a team in the community.

That is probably one of the main reasons I LOVE working at KidSafe and collaborating with **all of you**. It's not just the money you gave to our programs; it's the human-to-human support that we have received this past year. Nothing was more heartwarming than receiving a call from one of the partners asking, "What do you guys need?"

So thank you all for caring about *our* resilience. It kept us going on our mission to protect children and teach *them* resilience. We are very blessed to have such a wonderful community of people who care, who make sure children's safety is essential, and that our prevention education is a must for them. *You are KidSafe's resilience, each and every one of you.*

Eliza



KidSafe Español!

Melissa Maya

Queridos Amigos de KidSafe,

En Diciembre queremos felicitarte por lo Resistente que te has vuelto durante este año — la capacidad que has tenido para adaptarte a la nueva realidad a pesar de tanta adversidad.

Le invitamos a continuar infundiendo Resiliencia en sus hijos como una nueva perspectiva de ver la vida. Enseñale a cuidarse de sí mismos. Cultivar en ellos una visión positiva. Que nunca pierdan la esperanza y que acepten que el cambio es parte de la vida.

La Resiliencia es una herramienta que ayudará a su hijo a estar, y sentirse seguro a pesar de los problemas que encuentran. Es importante cultivar en las habilidades para manejar cualquier situación que aparezca en el camino.

KidSafe te desea Felices Fiestas y un Próspero Año Nuevo.

Recuerde durante estos tiempos festivos no debes ser indiferente con la seguridad su hijo. Celebra y disfruta en familia; nosotros te seguiremos compartiendo tips e información en nuestras redes sociales para que puedas estar seguro, estar KidSafe.



Melissa

Dear Friends of KidSafe,

In December we want to congratulate you on how Resilient you have become during this year — the ability you have had to adapt to the new reality despite so much adversity.

We invite you to continue to instill Resilience in your child as a new perspective of seeing life. Teach your children to take care of themselves. Cultivate in them a positive vision. See that they never lose hope and that they accept that change is part of life.

Resilience is a tool that will help your child be, and feel, safe despite the problems they encounter. It's important to cultivate in children skills to manage any situation that appears along the way.

KidSafe wishes you Happy Holidays and a Prosperous New Year.

Remember during these festive times that you should not forget the safety of your child. Celebrate and enjoy as a family; we will continue to share tips and information on our social networks so that you can be sure to be KidSafe.



Volunteer Spotlight

Jennifer Rodriguez



This month I am shining the light on our amazing Volunteers! I am celebrating all of you, without singling anybody out, because all of you have been incredible during these unprecedented times.

Versatile, Optimistic, Lovable, Understanding, Nice, Talented, Energetic, Enthusiastic, Resilient – that is the kind of amazing VOLUNTEERS that you are. With volunteers like you, any impossible task becomes achievable. Thank you for furthering our cause. You are truly a gift to KidSafe!



A Special Message



*Wishing you a
Festive Holiday Season
and a
Happy, Healthy New Year*



September through November, 2020

\$10,000 or more

The Batchelor Foundation
Boca Raton Regional Hospital Foundation
Boca West Children's Foundation
Broward Sheriff's Office
Florida Blue Foundation
Leslie L. Alexander Foundation, Inc.
Paul Palank Memorial Foundation
Saul & Theresa Esman Foundation
The Vegso Family Foundation

\$5,000 up to \$10,000

Josephine S. Leiser Foundation, Inc.

\$1,000 up to \$5,000

Children's Services Council of
Broward County

City of
Boca Raton

\$500 up to \$1,000

Boca Raton Philharmonic Symphonia, Inc.

Joel and Michele Meisner

Up to \$500

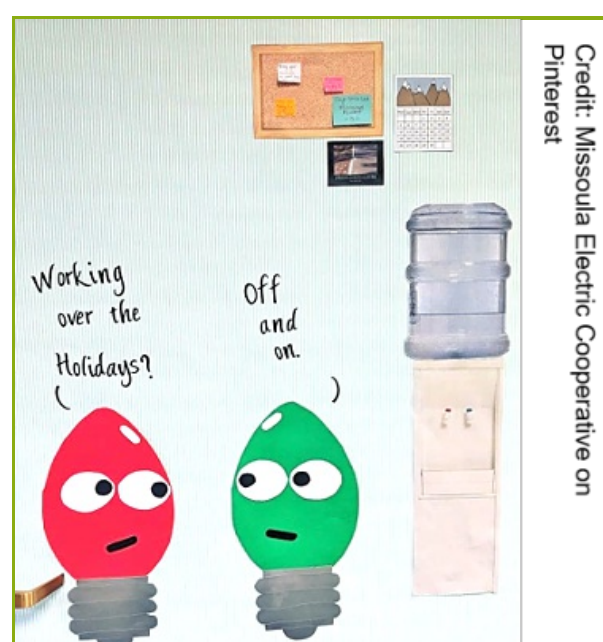
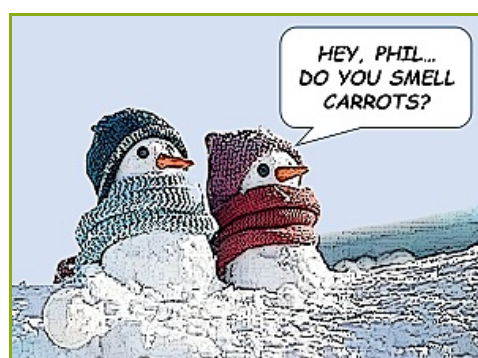
Laura F. Askowitz
Jacob Beil
Michael Deutsch
Peter Farkas
Gail Feinstein
Kenneth S. Fraidin
James Gold

GreatNonprofits
Andrea Kling
Sung Knowles
Christina Kranick
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Peter & Julie Oldbury

Asha Padmanabhan
Hegell Sierra & Jennifer Rodriguez
Ruth Savanuck
Marvin Serota
Philip Strasser
Judi & Steve Tainsky
Dustin Wilson



Don't Forget to Smile





The KidSafe Mission

Teach personal safety to children and their grown-ups to build strong, resilient families and safer communities.

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